

MAHAM SALEEM

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H ##749, St ##65, Sector-2, Gulshan-e-Abad, Adyala Road, Rawalpindi, Pakistan

ABOUT ME

"With a strong will to serve my community, seeking to join a highly reputed health care organization where I can enhance my skills, abilities and knowledge. Dedicated to work with sufferers of debilitating injuries and illnesses and possess a sound knowledge of root causes of bodily trauma and retrieving motor function."

EDUCATION

Masters of Science in Women Health Physiotherapy

2024

Rawalpindi, Pakistan

DPT (Doctor of Physical Therapy) | Riphah International University

2016 - January 2021

Rawalpindi, Pakistan

Intermediate | Global College System

2014

Rawalpindi, Pakistan

Matriculations | Army Public School

2012

Rawalpindi, Pakistan

EXPERIENCE

Home Visit Service for 2 weeks: A patient having neck back pain, treated her with different modalities and exercises to relieve the pain with different exercises.

- TENS
- EMS
- Heating Pad
- Manually by hand Trigger Points Release

Internship - Physiotherapy | Armed Forces Institute of Rehabilitation Medicine (AFIRM)

May 1st - Oct 30th 2021

Rawalpindi, Pakistan

Observership - Physiotherapy | Armed Forces Institute of Rehabilitation Medicine (AFIRM)

Sep 1st - Sep 30th 2019

Rawalpindi, Pakistan

Attended Seminar on Multi Approach to Cerebral Palsy

May 19th – May 21st 2017

Attended 2nd International Conference on Rehabilitation Sciences (ICRS)

Oct 6th 2018

CERTIFICATIONS

Attended International Seminar on Advancement In Pelvic Floor Rehabilitation
Attended Seminar on Women Health Physical Therapy: Scope and Practice
Lecture Delivered at Pakistan Sports Board Islamabad on Strength, Fitness and Anti-Doping
Attended Seminar on Multi Approach to Cerebral Palsy
Attended 2nd International Conference on Rehabilitation Sciences (ICRS)

CORE COMPETENCIES

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Preventive care expert.

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Decision making under pressure.

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Excellent Patient and family communicator.

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Adept in handling equipment and instruments.

Sound knowledge of human anatomy, physiology, kinesiology etc.

Exceptional skills in imparting health education for a complete and speedy recovery.

REFERENCES

References will be provided on demand.