



CURRICULUM VITAE

AZHAR ABBAS

PROFILE

I am a competent person with the ability to learn and adapt quickly to new challenges. I have an organized approach coupled with professional knowledge and working experience

CONTACT



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Mithial, Jand, Attock

PERSONAL DATA

Father Name: Mansab Dad Khan
Nationality: Pakistani
Gender: Male
Religion: Islam

HOBBIES



Photography



Reading



Music



Writing

EDUCATION

DEGREE	YEAR	Division
SSC	2007	1st
HSSC	2009	1st
B.A	2012	1st
B.Ed	2013	1st
M.Sc (Sport Sciences)	2016	1st
M.Ed	2020	1st
SDEP	2015	1st

PROFESSIONAL SKILLS

- ❖ Qualified fitness trainer from Pakistan sports board .
- ❖ Strength and Conditioning Coach
- ❖ 1 Year diploma in Safety.
- ❖ Basic Computer and typing Course

EXPERIENCE

Designation: Lecturer

Subject: Health & Physical Education

Duration: 5 years Experience

CERTIFICATES

- ✓ 3rd EURO-PAK International Online Conference On Sports Science & Education.
- ✓ Asian Hockey Federation Workshop: Ethics in Sports
- ✓ International conference on physical education & sports (IAPES)

LANGUAGES

English Urdu Punjabi