



# ASAD KHAN


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 Beron Khoni Burj Muhalla Qasab Pura  
Multan

## RELEVANT SKILLS

- Gym Trainer
- Physio Therapist
- Massage Therapist
- Cupping Therapist

## HOBBIES

- Cricket
- Traveling
- Gym

## LANGUAGE

- Urdu
- English
- Punjabi
- Saraiki

## WORK EXPERIENCE

### 1. DHQ Hospital, Multan

### 2. South Punjab Hospital, Multan

### 3. Pak Nutrition Services

### 4. Children Complex Hospital, Multan

- *Work as a Interne*
- Case Study of Various Disease
- Patient Counselling
- Diet Management
- Coustomized Diet Chart

### 5. Health Physio Association

### 6. Pespsi Cola, Multan

- *Work as a Interne*

### 7. 8Year Experience in Multiple Gyms

- *Rashid Maki Gym*
- *Shapes Gym*
- *Body Tec Gym*
- *Destiny Gym*



## EDUCATION HISTORY

### Bachelor of Human Nutrition & Dietetics

Institution: Government College University  
Fasilabad

*Year of Passing: 2018-22*

### Intermediate

Institution: BISE Multan

*Year of Passing: 2016-18*

### Matriculation

Institution: BISE Multan

*Year of Passing: 2014-16*



## CERTIFICATIONS

### Physio Therapist

Institution: Health Physio Association

### Nutrition & Clinical Dietitian

Institution: Pak Nutrition Services

### Certified Fitness Trainer Level I & II

Institution: Pakistan Strength and  
Conditioning Association