

## **FOZIA SHAHEEN**

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### **OBJECTIVE**

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To work in an organization as an integral part of it and accomplish the job assigned in a better way. I'm looking for a highly challenging and dynamic work environment in which I will be able to enhance my professional skills and would be able to get valuable work experience.

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### **PERSONAL INFORMATION**

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■ Father's Name : Shah Muhammad  
■ Date of Birth : 06-04-1985  
■ Domicile : Faisalabad  
■ Marital Status : Single

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### **EDUCATIONAL CAREER**

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■ **Riphah International University**  
M. Phil (Sports Sciences) 1<sup>st</sup> Division (2019)  
■ **G.C. University, Faisalabad**  
M.Sc (Sports Sciences) 1<sup>st</sup> Division (2014)  
■ **University of the Punjab, Lahore**  
Graduation (B.A) 2<sup>nd</sup> Division (2008)  
■ **PBTE (LHR)**  
Intermediate (I. COM) 2<sup>nd</sup> Division (2004)  
■ **B.I.S.E. Faisalabad**  
Matriculation 1<sup>st</sup> Division (2000)

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## CERTIFICATIONS:

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- One year Diploma in Computer Science.
- Diploma in Applied English Language. (Barron's Center Faisalabad.
- Diploma of Technical Official Swimming Federation in **2003**.
  
- International Referee Diploma holder of KORFBALL which held in **(CHINA 2010)**.
- International coaching diploma holder of KORFBALL which held in **(CHINA 2010)**.
  
- (FINA) certified referee and coach in swimming in **2003**.
  
- Technical Official in swimming Islamabad 9<sup>th</sup> SAF Games in **2004**.
  
- Official in Badminton in 9th SAF GAMES in Islamabad in **2004**.
  
- Done level -1 fitness trainee course from ( PSCA) at Kanpur **2018**
- Level-11 fitness coaching course from ( PSCA) at Khan Pur **2020**.
- Level -1 online volleyball coaching course from Pakistan volleyball federation in June **2020**.
- Level -1 kid's athletics trainee online course from athletics federation of Pakistan in July **2020**.
- Level-1 rope skipping online coaching course from Sindh federation of Pakistan in **June 2020**.

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## SKILFULL EXPERIENCE:

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- One Year experience as a PE teacher in **BEACON HOUSE** Faisalabad.
- Two years' experience as a swimming coach in **Learning alliance School Faisalabad campus.**
- 3 years as a Swimming Instructor in **First Steps School of science and arts Faisalabad.**
- Expert in Skate Training,
  
- **Golf Country Club Faisalabad** as a swimming instructor in
- **(2011-2012)**
- Done excellent job in **Chenab Club Faisalabad** as a swimming instructor from **(2012-17).**
- Done excellent job in **Chenab College Jhung** as a sports and swimming instructor in **(2018 to 19).**
- **Working and Own a fitness channel on u-tube by the name of fm.fitnesszone01.**

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## EXTRA ACTIVITY

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- National Champion in Volley Ball in 2001.
- National Champion of Volleyball in 2005.
- Silver brown in Riffle shooter & 3 positioning (standing, kneeling & prone position 2005.
- National Champion of Volleyball in 2006.
- National Champion of Volleyball in 2007.
- National champion of football in Islamabad Pakistan in 2007
- National Champion of Football in 2007
- Three medals of Riffle shooting in National Games in 2007.
- National Champion of Volleyball in 2008.
- National Champion of Volleyball in 2009.
- National Champion of Volleyball in 2010.
- International player of KORFBALL in 2010.
- National champion of volleyball (2011)
- National champion of volleyball in National Games Lahore 2013.
- Junior champion of Badminton 2013.
- National champion of volleyball 2014.
- National champion of volleyball 2016 in Karachi Pakistan.
- National volleyball champion in Islamabad in 2017.
- National champion of volleyball in Karachi 2018.
- National made record 14<sup>th</sup> times continuously in women volleyball from ( 2001-2020)
- Silver medalist in volleyball in national games Peshawar in 2020.

Nonstop swimming coach experience in different places in Faisalabad schools, clubs and colleges from **2005** to onward.

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## LANGUAGES

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- Fluency in Urdu, English (Read, Write, Speak )