



# M.SALMAN ABDUL GHAFFAR

## OBJECTIVE

To get an opportunity in a reputed organization at a challenging position where I can utilize my maximum skills. Education and efforts to achieve organization's Goals and add value to it.

## CONTACT

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## SKILLS

Stretching Techniques,  
Muscle testing,  
Soft tissue Release Techniques,  
Manual Mobilizations,  
General Manipulations,  
Dry Needling,  
Physical Testing,  
Post Op. Rehab,  
High Performance Training(Sports),  
Sports Massage,  
Fast learner,  
Hard working,  
Disciplined,  
Intellectual,  
Empathy,  
Growth Mindset,  
Communication skills,  
Creativity,  
Team work,  
Loyalty.

Languages: Urdu, English, Arabic

## EDUCATION

### Doctor of Physiotherapy (2016-2021):

Gulab Devi Teaching Hospital – 5<sup>th</sup> year.

**Intermediate (Pre Medical):** from Board of Intermediate & Secondary Education Faisalabad, (2016).

**Matriculation (Biology):** from Board of Intermediate & Secondary Education Faisalabad, (2014).

## WORK EXPERIENCE

Physiotherapist at **Pakistan Sports Board**, Lahore 2021.

Physiotherapist at **Pakistan Volleyball Federation NVC** 2021.

**PSCA Level 1** coach (strength and Conditioning Coach).

Actively Participated in **Sports Injuries Work shop** 2017.

Internee at **DHQ, Chiniot**, 2019.

Clinical Observer ship at **Khatoon e Jannat Hospital, Faisalabad** 2019.

Actively participated in **Rescue 1122 BLS Work shop** 2019.

Actively participated in **Cardiopulmonary Rehab Work shop** 2019.

Volunteer at Welfare campaign and medical camp in **Chiniot** 2018.

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Participated in **Dry Needling Practical Application sessions** 2021.

Participated in **Sports Massage Sessions** 2021.

Participated in **Shoulder Manual therapy sessions** 2021.

Participated in **General Spinal Manipulation Practice session** 2021.

## Reference

Will be provided upon demand.

