

# Pakistan Strength & Conditioning Association



## *Certificate*

*This is to Certify That*

**Adnan Iqbal**

*Has met the requirements by the PSCA in the field of health and fitness for beginners including training design, supervision, teaching and evolution of. and has therefore*

*Been accorded the title of*

**Level-I Strength and Conditioning Coach**

**(No.0483)**

***On 20th-21st November, 2021***

**Director Education (PSCA)**

**Secretary General (PSCA)**