

CURRICULAM VITAE

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Marital Status: Single



Full name Lal Kumar
Born October 25, 1987, Mithi, Sind
Current age: 34 years 4 days (28 Oct. 2021)

Major teams:

Pakistan (Asian games), Rest of Pakistan Under-19s, Hyderabad (Pakistan), Hyderabad Hawks, Hyderabad Under-19s, Hyderabad Under-23s, Lankan Cricket Club (Sri Lanka), Pakistan Navy, Sind Dolphins, Candyland (2012/13), Dollar East (2014/15), Water And Power Development Authority (WAPDA), Thatta Under-19s(2004-2006), Hyderabad Under 19s (2004/05-2005/06), Senior District Cricket Thatta (2005-2014)

Playing role: Allrounder

Batting style: Left-hand bat

Bowling style: Left-arm medium, Slow left-arm orthodox

Height 5 ft 7 in

Academic Qualification:

BA from Jamshoro University

Extra Academic Qualification:

Level 1 Coach from England Cricket Board
Level 2 Coach from England Cricket Board
Level 2 Coach form Pakistan Cricket Board (Continue)
Level 1 Strength and Conditioning Coach (PSCA)
Level 2 Strength and Conditioning Coach (PSCA)
MILO in2Cricket Coordinator Course Online Cricket (AUS)
MILO T20 Blast Coordinator Accreditation online Cricket (AUS)

Club Cricket in England

Horden Cricket Club (2016 and 2017)
Hetton Lyons (2013-2015)
Normanby Hall (2012)
Great Ayton (2011)

Batting and fielding averages

	Mat.	Inns	NO.	Runs	HS.	Avg.	100s	50s
First Class	71	124	9	3393	133	29.50	06	13
List A	38	34	5	578	71*	19.93	0	03
T20s	27	20	2	212	40	11.77	0	0

Bowling averages

	Mat.	Inns	Balls	Runs	Wkts.	BBI.	BBM.
First Class	71	102	8023	4462	131	7/100	9/175
List A	38	35	1484	1364	42	3/22	3/22
T20s	27	21	384	610	16	3/43	3/43

Career statistics

First-class debut Islamabad v Hyderabad (Pakistan) at Mirpur, Jan 24-25, 2007
Last First-class Police Sports Club v Lankan Cricket Club at Hambantota, Jan 26-28, 2017

List A debut Hyderabad Hawks v Quetta Bears at Mirpur Khas, Mar 8, 2006
Last List A Hyderabad v Sui Northern Gas Pipelines Limited at Islamabad, Jan 14, 2016

T20s debut Hyderabad Hawks v Sialkot Stallions at Karachi, Dec 23, 2006
Last T20s Hyderabad Region v Karachi Region Whites at Islamabad, Sep 11, 2015

Achievements

Played first class cricket season in Sri Lanka 2016,
Best Player for Pakistan Navy in Services Tournament for 4 years.
Best Bowler of the Final of Pentangular Trophy 2010.
Bronze Medallist for Pakistan in Asian Games 2010.
Best All Rounder in Pakistan WAPDA Inter Unit Tournament 2015-16 and 2017-18
Captained for Hyderabad Team in 2010
Part of Pakistan under23 emerging camp.
Captained of Candyland for 2 years.
Captained for Dollar East in Grade 2 tournament 2014

References: Available on Request.

CURRENT WORK: Head Coach CCA Hyderabad (Pakistan Cricket Bowl)