




# ABDUL SAAD



**Father Name:** Abdul Sami  
**Date Of Birth:** 20-07-1987  
**Marital Status:** Married  
**Domicile:** Karachi (Sindh)  
**Nationality:** Pakistani  
**Religion:** Islam  
**Language:** Urdu, English

 0334-3399741

 saadabdul

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 saadAbd98584066

## Academic Education:

Intermediate, Matriculation  
MS Office course (2002)

## CRICKET CAREER

**Batting:** left hand bat  
**Bowling:** leg spin  
**Fielding:** specialist short catching

### Grade-II Teams:

K.E. Pakistan Navy

## COACHING EXPERIENCE

My coaching philosophy;

To provide supportive, encouraging, challenging & enjoyable environment, involved myself during session as a participator. Build a good team culture where player can develop himself as a good cricketer. It will be based on trust, honesty & friendly relationship.

## OTHER SKILLS: SPORTS

Sports Environment Culture, Academic Management

## EXPERIENCE

### Current:



Coaching Staff  
(Throw Down Specialist)



- ❖ Head Coach Pakistan Navy
- ❖ Head Coach Cricket Academy Pakistan Navy
- ❖ Coach Shameel Cricket Club

### Past:

- ❖ Coach UBL Cricket Academy (2017 to 2019)
- ❖ Coach PNS Karsaz Team (2017, 2018)
- ❖ Conduct Basic Cricket Coaching Awareness Course (2017 to 2019)
- ❖ Assistant Coach Zone VI U-19 Taem (2017)

## COURSE ATTENDED

- ❖ PCB LEVEL-I Cricket Coaching
- ❖ PCB LEVEL-II Cricket Coaching (Qualified)
- ❖ PSCA LEVEL- II Strength and Conditioning Coach (Qualified)

### E- Learning:

- ❖ Covid Safe Sports Coaches & officials certification
- ❖ Mental Health Awareness for Sport & Physical Activity.
- ❖ Safeguarding Adults (UK Coaching)